Journals home page: https://oarjpublication/journals/oarjms/ ISSN: 2783-0268 (Online) OARJ OPEN ACCESS RESEARCH JOURNALS

(REVIEW ARTICLE)

Check for updates

Optimizing the energy mix: Strategies for reducing energy dependence

Augusta Heavens Ikevuje ^{1,*}, Jephta Mensah Kwakye ¹, Darlington Eze Ekechukwu ², Olorunshogo Benjamin Ogundipe ³ and Andrew Emuobosa Esiri ¹

¹ Independent Researcher, Houston Texas, USA.

² Independent Researcher, UK

³ Department of Mechanical Engineering, Redeemer's University, Ede, Osun-State, Nigeria.

Open Access Research Journal of Multidisciplinary Studies, 2024, 08(01), 094-104

Publication history: Received on 07 August 2024; revised on 16 September 2024; accepted on 18 September 2024

Article DOI: https://doi.org/10.53022/oarjms.2024.8.1.0051

Abstract

The growing need for energy security, sustainability, and reduced reliance on fossil fuels has led to a global emphasis on optimizing the energy mix. This paper comprehensively reviews current energy consumption patterns, dominant energy sources, and the challenges associated with fossil fuel dependence. It explores various strategies for energy diversification, including integrating renewable energy sources, advancements in energy storage, and transitioning from fossil fuels to cleaner alternatives. The paper also examines the critical role of government policies and economic incentives in supporting energy diversification and promoting long-term energy optimization. Additionally, the future outlook discusses emerging technologies and innovative solutions that will drive the global transition to a more sustainable energy mix. Recommendations for policymakers focus on creating a balanced and resilient energy system through regulatory frameworks, international cooperation, and economic reforms.

Keywords: Energy optimization; Renewable energy; Energy dependence; Energy diversification; Energy policy

1. Introduction

Energy dependence is a critical challenge faced by nations across the globe. Most countries rely on a limited number of energy sources, often imported, to meet their energy needs. This dependence, particularly on fossil fuels, makes them vulnerable to fluctuations in energy markets, geopolitical tensions, and resource depletion (Shirole, Wagh, Kulkarni, & Patil, 2023). As global demand for energy continues to rise, it is essential to explore strategies that reduce energy dependence while maintaining energy security and sustainability. Optimizing the energy mix, which involves diversifying energy sources, is pivotal in achieving this goal (Cantarero, 2020).

The importance of reducing energy dependence is multifaceted. Economically, dependence on imported fossil fuels can result in significant financial burdens due to price volatility. Environmentally, reliance on fossil fuels contributes to greenhouse gas emissions, exacerbating climate change (Raihan, Rashid, Voumik, Akter, & Esquivias, 2023). Strategically, countries dependent on external energy sources may face security risks in the event of supply disruptions. Therefore, optimizing the energy mix is about meeting current energy demands and ensuring long-term sustainability, reducing environmental impacts, and enhancing national security (Oryani et al., 2022).

The primary objective of this paper is to explore various strategies that can optimize the energy mix to reduce energy dependence. It will examine the current energy landscape, analyze the potential of renewable energy sources, and assess the role of policies and economic factors in shaping an optimized energy future. Additionally, the paper will provide recommendations for emerging technologies and long-term strategies that can help nations transition to a more diversified and sustainable energy system.

^{*} Corresponding author: Augusta Heavens Ikevuje

Copyright © 2024 Author(s) retain the copyright of this article. This article is published under the terms of the Creative Commons Attribution Liscense 4.0.

2. Current Energy Landscape

2.1. Analysis of Global and Regional Energy Consumption Patterns

Energy consumption patterns vary significantly between developed and developing regions, driven by differences in industrialization levels, population growth, economic activity, and access to energy resources (Wang, Lin, Zhou, Fan, & Kwan, 2020). Globally, energy consumption has been rising steadily over the past few decades, with total global energy demand projected to increase by nearly 50% by 2050, according to the International Energy Agency (IEA). However, this growth is unevenly distributed, with developing nations accounting for the majority of future energy demand growth (Wu, Zhu, & Zhu, 2018).

In developed regions like North America and Europe, energy consumption is relatively stable, with a gradual shift toward cleaner and more efficient energy sources (Azarpour, Mohammadzadeh, Rezaei, & Zendehboudi, 2022). These regions have historically relied heavily on fossil fuels but are now increasingly transitioning to renewable energy. Meanwhile, energy consumption in rapidly developing regions like Asia, Africa, and parts of Latin America is surging. Industrialization, urbanization, and population growth are key factors contributing to rising energy demand in these regions (M. Ahmad & Zhao, 2018).

China and India, in particular, are major drivers of global energy consumption growth. China is the world's largest energy consumer, accounting for more than 26% of global energy use, while India is the third-largest, with a rapidly expanding energy demand to support its growing economy. Both countries are attempting to balance economic growth with the need for sustainability by increasing investments in renewable energy sources, though they remain reliant on coal and other fossil fuels (Wang, Jiang, Yang, & Ge, 2020).

Although currently accounting for a relatively small share of global energy consumption, Africa is expected to experience significant growth in the coming decades as its population increases and economies develop (Ma et al., 2019). However, energy access remains a significant issue in many African nations, with large portions of the population lacking access to reliable and affordable electricity. This presents both a challenge and an opportunity for the region to leapfrog traditional fossil fuel-based energy systems and move directly toward renewables (Mi et al., 2018).

2.2. Overview of Dominant Energy Sources

Globally, fossil fuels continue to dominate the energy landscape. As of 2021, fossil fuels—coal, oil, and natural gas—account for approximately 84% of the world's energy consumption. This dominance stems from the historical availability, affordability, and infrastructure established around these fuels. However, their environmental impact and finite nature make them unsustainable in the long term, necessitating a shift to alternative energy sources.

Coal, one of the earliest energy sources utilized during the Industrial Revolution, remains a significant part of the global energy mix, particularly in countries like China, India, and certain regions of Eastern Europe. Coal is widely used for electricity generation due to its abundance and relatively low cost (Bunn, Redondo-Martin, Muñoz-Hernandez, & Diaz-Cachinero, 2019). However, it is also the most carbon-intensive fuel, responsible for a large share of global greenhouse gas emissions. Despite efforts to reduce coal use in many regions, its prevalence in emerging economies poses a significant challenge to global emissions reduction efforts (Batrice & Gordon, 2021).

Oil remains the dominant energy source for transportation and plays a critical role in the global economy. The Middle East, in particular, is a major producer and exporter of oil, with countries like Saudi Arabia, Iraq, and Iran playing key roles in the global oil market (Litvinenko, 2020). While oil has long been associated with economic growth, the volatility of oil prices and the environmental consequences of its extraction and use has led to a growing interest in alternative fuels and electric vehicles (EVs). Many countries are now investing heavily in EV infrastructure to reduce reliance on oil and lower emissions (Kamyk, Kot-Niewiadomska, & Galos, 2021).

Natural gas is often seen as a cleaner alternative to coal and oil, producing fewer carbon emissions when burned. As a result, it has become a key transition fuel for many nations seeking to lower their carbon footprint while still meeting energy demands. Natural gas is widely used for electricity generation, heating, and industrial processes (Reynolds & Umekwe, 2019). The United States is the largest producer of natural gas, benefiting from abundant shale gas resources. However, extracting natural gas through hydraulic fracturing (fracking) raises environmental concerns, particularly regarding water contamination and methane emissions (Mac Kinnon, Brouwer, & Samuelsen, 2018).

In contrast to fossil fuels, renewable energy sources—such as solar, wind, hydropower, and geothermal—are playing an increasingly important role in the global energy mix. Renewables account for around 10% of global energy consumption, but their share is growing rapidly as technology improves and costs decline. Solar and wind energy, in particular, have seen significant expansion in recent years, driven by technological advancements and government incentives (Dong, Dong, & Jiang, 2020). Solar power is the most abundant energy source on Earth, and its potential for widespread adoption is high, especially in sunny regions like the Middle East, North Africa, and parts of the United States. Wind energy is also expanding, particularly in offshore installations, where wind speeds are higher and more consistent (Holechek, Geli, Sawalhah, & Valdez, 2022).

Hydropower has long been a reliable renewable energy source, particularly in regions with large rivers and water resources, such as China, Brazil, and Canada. It provides consistent, low-carbon electricity, but the construction of large dams can have significant environmental and social impacts, including the displacement of communities and disruption of ecosystems.

While not renewable, nuclear energy is considered a low-carbon energy source due to its ability to generate electricity without emitting greenhouse gases. It accounts for around 5% of global energy consumption. Countries like France, the United States, and Japan rely heavily on nuclear power for electricity generation. However, concerns about nuclear accidents, radioactive waste, and the high cost of building new nuclear plants have limited its expansion (Permana, Trianti, & Rahmansyah, 2021).

2.3. Challenges Associated with Current Energy Dependencies

The current global dependence on fossil fuels presents a range of challenges, both for energy security and environmental sustainability. The finite nature of fossil fuel reserves means that over-reliance on these resources is unsustainable in the long term. As oil, coal, and natural gas reserves become depleted, the cost of extraction increases, leading to higher energy prices and potential supply shortages. This volatility makes energy planning difficult for nations that rely heavily on fossil fuel imports (Odoom, Brännlund, Karimu, & Nanzoninge, 2023).

Another significant challenge is the environmental impact of fossil fuel consumption. Burning fossil fuels is the leading contributor to global greenhouse gas emissions, which are driving climate change. Rising temperatures, more frequent and severe weather events, and disruptions to ecosystems are already being observed as a result of these emissions. Continued dependence on fossil fuels will exacerbate these effects, leading to more severe environmental degradation and potentially catastrophic consequences for the planet (Karmaker, Rahman, Hossain, & Ahmed, 2020).

Energy security is another major concern, particularly for nations that rely on imported fossil fuels. Geopolitical tensions in major oil-producing regions, such as the Middle East, can disrupt global energy supplies and lead to price spikes. Countries without domestic fossil fuel resources are especially vulnerable to such disruptions. This has prompted many nations to seek energy independence by diversifying their energy mix and investing in renewable energy infrastructure (Salimi & Amidpour, 2022).

3. Strategies for Energy Diversification

3.1. Renewable Energy Integration

One of the most effective ways to diversify the energy mix is through the integration of renewable energy sources. Solar, wind, hydro, geothermal, and biomass are key renewable energy technologies that offer cleaner alternatives to fossil fuels. Their abundance, low environmental impact, and potential for rapid technological advancement make them attractive options for reducing dependence on conventional energy sources.

Solar energy has seen tremendous growth in recent years, driven by significant reductions in the cost of photovoltaic (PV) technology and advances in solar panel efficiency (L. Ahmad, Khordehgah, Malinauskaite, & Jouhara, 2020). Solar energy is abundant and widely distributed, making it a viable option for both utility-scale power generation and decentralized applications like residential and commercial rooftop installations. The ability to harness solar energy in both developed and developing regions, particularly those with high levels of sunlight, makes it a cornerstone of energy diversification strategies. Countries like India, China, and the United States are investing heavily in solar infrastructure to reduce their dependence on fossil fuels (De Rosa, Gainsford, Pallonetto, & Finn, 2022).

Wind energy is another renewable source with significant potential. Wind turbines onshore and offshore are becoming increasingly common in energy systems worldwide. Offshore wind farms, in particular, are gaining attention due to the

higher and more consistent wind speeds found over open water (Li et al., 2020). The technology behind wind energy has evolved to become more efficient and less costly, contributing to its rapid adoption in regions such as Europe, the United States, and parts of Asia. Wind energy is particularly useful in diversifying energy portfolios because it can complement solar energy—where solar output is highest during the day, wind energy can generate power more consistently during the night and in favorable wind patterns (Fernández-Guillamón, Das, Cutululis, & Molina-García, 2019).

Hydropower has long been a cornerstone of renewable energy, providing consistent and reliable electricity in countries with substantial water resources. It accounts for the largest share of renewable electricity generation globally, with countries like China, Brazil, and Canada leading in hydropower capacity (Pathak & Shah, 2019). Hydropower plants can operate at a high capacity factor, making them suitable for providing baseload power. However, environmental and social concerns—such as ecosystem disruption and the displacement of communities caused by dam construction—need to be carefully managed. Nevertheless, small-scale hydropower and run-of-river projects offer less invasive alternatives while still contributing to renewable energy goals (Pakhtigian, Jeuland, Bharati, & Pandey, 2021).

Geothermal energy is another renewable source with the potential for significant expansion, particularly in regions with active volcanic or tectonic activity, such as Iceland, Indonesia, and the western United States (Amoatey, Chen, Al-Maktoumi, Izady, & Baawain, 2021). Geothermal power plants harness heat from the Earth's interior to generate electricity, offering a stable and reliable energy source that is not subject to the intermittency challenges of solar and wind power. Although geothermal energy currently represents a small share of global energy generation, ongoing advancements in drilling technology and reservoir management could unlock more of its potential (Avci, Kaygusuz, & Kaygusuz, 2020).

Biomass energy, derived from organic materials such as wood, agricultural waste, and even algae, provides a renewable alternative to traditional fossil fuels. Biomass can be used to generate electricity, heat, and transport fuels (Bhagea, Bhoyroo, & Puchooa, 2019). While it is often considered carbon-neutral because the CO_2 released during combustion is offset by the CO_2 absorbed by plants during growth, biomass must be managed carefully to avoid negative environmental impacts, such as deforestation or competition with food production (Deora, Verma, Muhal, Goswami, & Singh, 2022).

3.2. Transitioning from Fossil Fuels to Cleaner Alternatives

While renewable energy plays a vital role in diversifying the energy mix, transitioning away from fossil fuels is a gradual process that requires careful planning and management. Fossil fuels—coal, oil, and natural gas—currently supply the majority of the world's energy, but their extraction and use have profound environmental consequences, including greenhouse gas emissions, air pollution, and habitat destruction. Reducing reliance on these fuels is essential for mitigating climate change and achieving long-term sustainability goals (Le Billon, Lujala, Singh, Culbert, & Kristoffersen, 2021).

Natural gas, the least carbon-intensive fossil fuel, is often viewed as a transitional fuel that can help bridge the gap between fossil fuel dependence and a fully renewable energy system. Natural gas produces significantly fewer carbon emissions compared to coal or oil when burned, making it a cleaner option for electricity generation (Davis, Moronkeji, Ahiduzzaman, & Kumar, 2020). Moreover, natural gas power plants can ramp up and down quickly, providing flexibility to complement intermittent renewable sources like solar and wind. As such, many countries are using natural gas as part of their energy diversification strategy while continuing to invest in the expansion of renewable energy capacity (Gürsan & de Gooyert, 2021).

The phase-out of coal is another critical step in transitioning to cleaner alternatives. Coal is the most carbon-intensive fossil fuel, and its continued use poses severe challenges to achieving climate goals. Countries like the United Kingdom, Germany, and Canada have implemented policies to phase out coal in favor of cleaner energy sources, while others, such as China and India, are beginning to explore alternatives to their heavy reliance on coal. The decline of coal-fired power plants and investments in renewables and natural gas represent a key strategy for reducing emissions and diversifying energy systems (Clark, Zucker, & Urpelainen, 2020).

Electrification of transportation is another crucial strategy for reducing reliance on oil, the dominant fuel for the global transport sector. Electric vehicles (EVs) are becoming increasingly popular as battery technology improves and prices decline. Many countries are encouraging the adoption of EVs through subsidies, tax incentives, and the development of charging infrastructure. The shift from gasoline and diesel-powered vehicles to electric ones is expected to reduce oil consumption and lower greenhouse gas emissions significantly (R. Zhang & Fujimori, 2020).

3.3. Energy Storage and Grid Management for Optimizing Efficiency

One of the key challenges of integrating renewable energy sources, particularly solar and wind, into the energy mix is their intermittency. Solar panels only produce electricity when the sun is shining, and wind turbines only generate power when the wind is blowing. To overcome this challenge, energy storage systems and advanced grid management technologies are essential for ensuring a stable and reliable energy supply (Asiaban et al., 2021).

Energy storage plays a pivotal role in optimizing the efficiency of energy systems by storing excess electricity generated during periods of high renewable energy production and releasing it when demand exceeds supply (S. Zhang et al., 2022). Battery storage systems, particularly lithium-ion batteries, are becoming more affordable and widely deployed for grid-scale applications. These systems allow electricity generated by solar panels or wind turbines to be stored and used during periods of low renewable output, thus smoothing out fluctuations in supply and demand (Zöphel, Schreiber, Müller, & Möst, 2018).

In addition to batteries, pumped hydro storage remains one of the most efficient and widely used energy storage methods. Pumped hydro facilities work by using excess electricity to pump water from a lower reservoir to a higher one, storing potential energy. When electricity demand rises, the stored water is released back through turbines to generate electricity. Pumped hydro is a highly reliable and scalable storage solution, though it requires specific geographic conditions to be viable (Nadeem, Hussain, Tiwari, Goswami, & Ustun, 2018).

Grid management technologies are another critical component of optimizing energy efficiency and integrating renewables. Smart grids, which use advanced communication and data analysis technologies, enable better grid monitoring and control of energy flow. By providing real-time data on energy supply and demand, smart grids allow utilities to optimize energy distribution, reduce waste, and manage energy more effectively. This is particularly important when integrating intermittent renewable sources into the grid, as smart grids can help balance supply and demand by responding dynamically to changes in energy production and consumption (Javaid et al., 2018). Demand response programs, which encourage consumers to reduce or shift their electricity use during peak demand periods, also contribute to grid optimization. By incentivizing consumers to adjust their energy consumption patterns, these programs help reduce the strain on the grid and minimize the need for additional power generation during peak periods (Alsharif, Tan, Ayop, Dobi, & Lau, 2021).

4. Policy and Economic Considerations

4.1. Role of Government Regulations in Supporting Energy Diversification

Government regulations play a pivotal role in shaping national and regional energy policies. Governments have the power to steer the direction of energy markets by implementing policies that incentivize renewable energy development, phase out fossil fuels, and set targets for carbon emissions reductions. Strong regulatory frameworks are essential for ensuring long-term energy security and reducing dependence on imported fossil fuels (Lachapelle & Paterson, 2018).

Many governments have established renewable energy targets or mandates that require utilities to produce a certain percentage of their electricity from renewable sources. These mandates provide a clear signal to energy producers and investors, encouraging the development of solar, wind, hydro, and other clean energy technologies. For example, the European Union's Renewable Energy Directive sets binding targets for member states to achieve at least 32% of the EU's total energy consumption from renewable sources by 2030. Similarly, countries like China, India, and the United States have introduced renewable energy policies that have spurred significant growth in the sector (Bridge, Özkaynak, & Turhan, 2018).

Carbon pricing mechanisms such as carbon taxes and cap-and-trade systems are also important regulatory tools. By putting a price on carbon emissions, these mechanisms encourage industries to reduce their greenhouse gas outputs and transition to cleaner energy sources (Raymond, 2019). Carbon pricing can make fossil fuel-based energy more expensive, thereby creating a financial incentive for companies and consumers to invest in renewable alternatives. Countries like Canada, Sweden, and several EU nations have implemented carbon pricing policies that are successfully driving down emissions and promoting cleaner energy production (Narassimhan, Gallagher, Koester, & Alejo, 2018).

Regulations around energy efficiency standards for appliances, buildings, and transportation are another area where governments can significantly reduce energy demand and dependence on fossil fuels. By implementing strict efficiency standards, governments can reduce overall energy consumption, lessen the strain on energy infrastructure, and

promote the adoption of renewable energy technologies. Energy efficiency standards also help reduce energy costs for consumers, making the transition to cleaner energy more economically feasible (Pihl, 2020).

However, the role of government regulations goes beyond domestic policy. International climate agreements like the Paris Agreement are crucial in coordinating global efforts to reduce greenhouse gas emissions and transition to a more diversified energy mix. Countries that commit to these agreements set national targets for reducing emissions, which often involves increasing the share of renewable energy in their energy mix. Global cooperation on climate policy helps ensure that all countries are working towards similar goals, which is critical given the interconnected nature of the global energy system (Murthy, 2019).

4.2. Economic Incentives and Barriers for Optimizing the Energy Mix

Economic factors can either accelerate or hinder the optimization of the energy mix. Incentives such as subsidies, tax breaks, and financial support for renewable energy projects can significantly boost the adoption of clean energy technologies. On the other hand, economic barriers like high initial costs, lack of financing options, and entrenched interests in fossil fuel industries can slow down progress.

One of the most important economic incentives for renewable energy is subsidies. Governments often provide financial support to renewable energy developers through direct subsidies or feed-in tariffs, which guarantee a fixed price for the electricity generated by renewable sources. These financial incentives help lower the cost of renewable energy production, making it more competitive with fossil fuels. Countries like Germany and Denmark have used feed-in tariffs to great effect, leading to rapid growth in their renewable energy sectors.

Tax incentives also play a critical role in encouraging investment in clean energy. Tax credits for renewable energy installations, such as solar panels or wind turbines, can reduce the upfront cost for businesses and households. For example, the United States offers tax incentives like the Investment Tax Credit (ITC), which allows individuals and businesses to deduct a portion of the cost of installing solar energy systems from their federal taxes. These types of incentives make renewable energy projects more financially viable, particularly in regions where fossil fuels have traditionally been cheaper (Qadir, Al-Motairi, Tahir, & Al-Fagih, 2021).

Despite these incentives, there are still economic barriers that must be addressed to optimize the energy mix. One significant barrier is the high initial capital costs of developing renewable energy infrastructure. Although the long-term operational costs of renewable energy systems are generally lower than fossil fuel-based systems, the upfront investment required for solar farms, wind turbines, and grid integration can be prohibitive for some countries and businesses, especially in developing regions. Governments can help alleviate this barrier by providing low-interest loans or grants to support the development of renewable energy projects (Elavarasan, Afridhis, Vijayaraghavan, Subramaniam, & Nurunnabi, 2020).

Another challenge is the existing infrastructure that favors fossil fuels. In many countries, energy systems are built around coal, oil, and natural gas, and shifting to renewable energy requires significant investment in new infrastructure, such as transmission lines for remote wind or solar farms and storage systems to manage intermittent energy generation. These infrastructure changes can be costly and time-consuming, and they often face political resistance from entrenched interests in the fossil fuel industry (Kemfert, Präger, Braunger, Hoffart, & Brauers, 2022).

Additionally, the lack of access to financing for renewable energy projects in some regions is a major obstacle. Many developing countries face challenges in attracting investment in clean energy due to perceived risks, lack of creditworthiness, or political instability. International organizations such as the World Bank and regional development banks play a crucial role in providing financing and technical assistance to help overcome these barriers and support energy diversification in developing economies (Ghimire & Kim, 2018).

4.3. Impact of International Energy Markets and Trade on Energy Dependence

Global energy markets and trade policies profoundly influence energy dependence and the diversification of national energy mixes. Countries that rely heavily on energy imports, particularly for oil and natural gas, are vulnerable to fluctuations in international energy prices, geopolitical conflicts, and supply disruptions. Diversifying the energy mix through renewable energy and domestic energy production can reduce these vulnerabilities (Berdysheva & Ikonnikova, 2021).

The global market for fossil fuels is highly volatile, with price fluctuations driven by factors such as changes in supply and demand, geopolitical tensions, and natural disasters. Countries that rely heavily on imported oil or natural gas are

often at the mercy of these market dynamics, which can lead to economic instability and energy insecurity (Tumala, Salisu, & Nmadu, 2023). For example, European countries that import a significant portion of their natural gas from Russia have been particularly vulnerable to supply disruptions due to political tensions, leading to increased interest in renewable energy and energy efficiency to reduce dependence on imported fossil fuels (Kulagin, Grushevenko, & Kapustin, 2020).

Trade policies also play a crucial role in shaping the global energy landscape. Tariffs and trade agreements can either promote or hinder the adoption of renewable energy technologies. For example, tariffs on solar panels or wind turbine components can increase the cost of renewable energy projects, making them less competitive with fossil fuels. On the other hand, trade agreements that promote the exchange of clean energy technologies and services can accelerate the global transition to a more diversified energy mix (Dent, 2021).

Energy export markets are another important consideration. Countries that are major exporters of fossil fuels, such as Saudi Arabia, Russia, and Venezuela, face significant economic challenges as global demand for oil and gas declines due to the shift toward renewable energy. These countries will need to diversify their economies and reduce their dependence on fossil fuel exports to ensure long-term economic stability (Bhattacharyya, 2019).

At the same time, the global trade in renewable energy technologies is growing rapidly. Countries like China, which dominates the global market for solar panels and wind turbines, are benefiting from increased demand for clean energy technologies. As more countries commit to diversifying their energy mix, international trade in renewable energy technologies and services is likely to become an increasingly important driver of economic growth (Chang et al., 2021).

5. Future Outlook and Recommendations

5.1. Emerging Technologies and Innovations in Energy Optimization

Technological innovations are central to optimizing the energy mix. Among the most promising advancements are smart grids, which enhance the efficiency of energy distribution systems. These grids can integrate renewable energy sources while dynamically responding to fluctuations in supply and demand. They also enable decentralized energy production, allowing individuals and businesses to contribute to the grid through rooftop solar panels or small wind turbines. Smart grids can reduce waste, lower costs, and improve energy security by optimizing energy usage.

Another critical technology is energy storage, which addresses one of the key challenges of renewable energy: intermittency. Advanced battery storage systems, such as lithium-ion and solid-state batteries, allow energy produced by renewable sources to be stored and used when needed. These storage solutions are vital for maintaining a stable supply of electricity, particularly during periods when renewable generation is low. In addition, innovations like green hydrogen offer a way to store and transport energy for longer durations, making it a promising solution for industries and regions heavily dependent on fossil fuels.

Artificial intelligence (AI) and machine learning are also driving energy optimization. These technologies are used to predict energy demand patterns, optimize the operation of power plants, and manage the integration of various energy sources. By improving forecasting and decision-making processes, AI can make energy systems more resilient, efficient, and cost-effective.

5.2. Long-Term Strategies for Reducing Energy Dependence

To achieve long-term energy independence, nations must adopt comprehensive strategies focused on both diversification and efficiency. One of the most effective approaches is expanding renewable energy capacity. By investing in solar, wind, and hydroelectric power, countries can reduce their reliance on imported fossil fuels and create a more sustainable energy mix. Large-scale renewable energy projects and decentralized energy generation will allow nations to become more energy self-sufficient.

Another important strategy is enhancing energy efficiency. Reducing energy consumption through advanced technologies and efficient practices can significantly cut energy demand, reducing dependence on domestic and foreign energy sources. Energy efficiency measures in buildings, transportation, and industry can lower the overall energy burden while decreasing greenhouse gas emissions.

Collaboration on regional energy solutions is also vital. In many cases, energy dependence can be reduced by working with neighboring countries to share resources and infrastructure. For example, regional power grids that connect multiple countries can optimize energy distribution, reduce redundancy, and improve access to renewable energy.

5.3. Policy Recommendations for a Balanced and Sustainable Energy Mix

Governments play a critical role in shaping the future of energy. Clear and consistent policy frameworks are essential for attracting investment in renewable energy and emerging technologies. Policymakers should implement long-term renewable energy targets, such as net-zero emissions by mid-century, to signal commitment and drive industry action. Additionally, governments should provide economic incentives, such as tax breaks, subsidies, and low-interest loans, to support the development of renewable energy projects and energy storage technologies.

To further support energy diversification, reforming fossil fuel subsidies is necessary. By phasing out subsidies that artificially lower the cost of fossil fuels, governments can create a level playing field for cleaner alternatives. Additionally, implementing carbon pricing mechanisms, such as taxes or cap-and-trade systems, will encourage industries to transition away from fossil fuels and adopt cleaner energy sources.

International cooperation is also key to reducing dependence on global energy. Governments should prioritize crossborder energy partnerships to facilitate the sharing of renewable energy resources and technologies. Global initiatives, such as the Paris Agreement, offer frameworks for countries to work together on achieving climate and energy goals.

Compliance with ethical standards

Disclosure of conflict of interest

No conflict of interest to be disclosed.

References

- [1] Ahmad, L., Khordehgah, N., Malinauskaite, J., & Jouhara, H. (2020). Recent advances and applications of solar photovoltaics and thermal technologies. *Energy*, *207*, 118254.
- [2] Ahmad, M., & Zhao, Z.-Y. (2018). Empirics on linkages among industrialization, urbanization, energy consumption, CO2 emissions and economic growth: a heterogeneous panel study of China. *Environmental Science and Pollution Research*, *25*(30), 30617-30632.
- [3] Alsharif, A., Tan, C. W., Ayop, R., Dobi, A., & Lau, K. Y. (2021). A comprehensive review of energy management strategy in Vehicle-to-Grid technology integrated with renewable energy sources. *Sustainable Energy Technologies and Assessments*, *47*, 101439.
- [4] Amoatey, P., Chen, M., Al-Maktoumi, A., Izady, A., & Baawain, M. S. (2021). A review of geothermal energy status and potentials in Middle-East countries. *Arabian Journal of Geosciences*, *14*, 1-19.
- [5] Asiaban, S., Kayedpour, N., Samani, A. E., Bozalakov, D., De Kooning, J. D., Crevecoeur, G., & Vandevelde, L. (2021). Wind and solar intermittency and the associated integration challenges: A comprehensive review including the status in the Belgian power system. *Energies*, 14(9), 2630.
- [6] Avci, A. C., Kaygusuz, O., & Kaygusuz, K. (2020). Geothermal energy for sustainable development. *Journal of Engineering Research and Applied Science*, 9(1), 1414-1426.
- [7] Azarpour, A., Mohammadzadeh, O., Rezaei, N., & Zendehboudi, S. (2022). Current status and future prospects of renewable and sustainable energy in North America: Progress and challenges. *Energy Conversion and Management, 269*, 115945.
- [8] Batrice, R. J., & Gordon, J. C. (2021). Powering the next industrial revolution: transitioning from nonrenewable energy to solar fuels via CO 2 reduction. *RSC advances*, *11*(1), 87-113.
- [9] Berdysheva, S., & Ikonnikova, S. (2021). The energy transition and shifts in fossil fuel use: the study of international energy trade and energy security dynamics. *Energies*, *14*(17), 5396.
- [10] Bhagea, R., Bhoyroo, V., & Puchooa, D. (2019). Microalgae: the next best alternative to fossil fuels after biomass. A review. *Microbiology Research*, *10*(1), 7936.
- [11] Bhattacharyya, S. C. (2019). *Energy economics: concepts, issues, markets and governance*: Springer Nature.

- [12] Bridge, G., Özkaynak, B., & Turhan, E. (2018). Energy infrastructure and the fate of the nation: Introduction to special issue. *Energy Research & Social Science*, *41*, 1-11.
- [13] Bunn, D. W., Redondo-Martin, J., Muñoz-Hernandez, J. I., & Diaz-Cachinero, P. (2019). Analysis of coal conversion to biomass as a transitional technology. *Renewable Energy*, *132*, 752-760.
- [14] Cantarero, M. M. V. (2020). Of renewable energy, energy democracy, and sustainable development: A roadmap to accelerate the energy transition in developing countries. *Energy Research & Social Science*, *70*, 101716.
- [15] Chang, V., Chen, Y., Zhang, Z. J., Xu, Q. A., Baudier, P., & Liu, B. S. (2021). The market challenge of wind turbine industry-renewable energy in PR China and Germany. *Technological Forecasting and Social Change*, *166*, 120631.
- [16] Clark, R., Zucker, N., & Urpelainen, J. (2020). The future of coal-fired power generation in Southeast Asia. *Renewable and Sustainable Energy Reviews*, *121*, 109650.
- [17] Davis, M., Moronkeji, A., Ahiduzzaman, M., & Kumar, A. (2020). Assessment of renewable energy transition pathways for a fossil fuel-dependent electricity-producing jurisdiction. *Energy for Sustainable Development, 59*, 243-261.
- [18] De Rosa, M., Gainsford, K., Pallonetto, F., & Finn, D. P. (2022). Diversification, concentration and renewability of the energy supply in the European Union. *Energy*, *253*, 124097.
- [19] Dent, C. M. (2021). Trade, climate and energy: A new study on climate action through free trade agreements. *Energies*, *14*(14), 4363.
- [20] Deora, P. S., Verma, Y., Muhal, R. A., Goswami, C., & Singh, T. (2022). Biofuels: An alternative to conventional fuel and energy source. *Materials Today: Proceedings, 48*, 1178-1184.
- [21] Dong, K., Dong, X., & Jiang, Q. (2020). How renewable energy consumption lower global CO2 emissions? Evidence from countries with different income levels. *The World Economy*, *43*(6), 1665-1698.
- [22] Elavarasan, R. M., Afridhis, S., Vijayaraghavan, R. R., Subramaniam, U., & Nurunnabi, M. (2020). SWOT analysis: A framework for comprehensive evaluation of drivers and barriers for renewable energy development in significant countries. *Energy Reports*, 6, 1838-1864.
- [23] Fernández-Guillamón, A., Das, K., Cutululis, N. A., & Molina-García, Á. (2019). Offshore wind power integration into future power systems: Overview and trends. *Journal of Marine Science and Engineering*, 7(11), 399.
- [24] Ghimire, L. P., & Kim, Y. (2018). An analysis on barriers to renewable energy development in the context of Nepal using AHP. *Renewable Energy*, *129*, 446-456.
- [25] Gürsan, C., & de Gooyert, V. (2021). The systemic impact of a transition fuel: Does natural gas help or hinder the energy transition? *Renewable and Sustainable Energy Reviews, 138,* 110552.
- [26] Holechek, J. L., Geli, H. M., Sawalhah, M. N., & Valdez, R. (2022). A global assessment: can renewable energy replace fossil fuels by 2050? Sustainability, 14(8), 4792.
- [27] Javaid, N., Hafeez, G., Iqbal, S., Alrajeh, N., Alabed, M. S., & Guizani, M. (2018). Energy efficient integration of renewable energy sources in the smart grid for demand side management. *IEEE access*, *6*, 77077-77096.
- [28] Kamyk, J., Kot-Niewiadomska, A., & Galos, K. (2021). The criticality of crude oil for energy security: A case of Poland. *Energy*, *220*, 119707.
- [29] Karmaker, A. K., Rahman, M. M., Hossain, M. A., & Ahmed, M. R. (2020). Exploration and corrective measures of greenhouse gas emission from fossil fuel power stations for Bangladesh. *Journal of Cleaner Production, 244*, 118645.
- [30] Kemfert, C., Präger, F., Braunger, I., Hoffart, F. M., & Brauers, H. (2022). The expansion of natural gas infrastructure puts energy transitions at risk. *Nature Energy*, 7(7), 582-587.
- [31] Kulagin, V. A., Grushevenko, D. A., & Kapustin, N. O. (2020). Fossil fuels markets in the "energy transition" era. *Russian Journal of Economics*, 6(4), 424-436.
- [32] Lachapelle, E., & Paterson, M. (2018). Drivers of national climate policy. In *The New Power Politics of Global Climate Governance* (pp. 74-98): Routledge.
- [33] Le Billon, P., Lujala, P., Singh, D., Culbert, V., & Kristoffersen, B. (2021). Fossil fuels, climate change, and the COVID-19 crisis: pathways for a just and green post-pandemic recovery. *Climate Policy*, *21*(10), 1347-1356.

- [34] Li, J., Wang, G., Li, Z., Yang, S., Chong, W. T., & Xiang, X. (2020). A review on development of offshore wind energy conversion system. *International Journal of Energy Research*, 44(12), 9283-9297.
- [35] Litvinenko, V. (2020). The role of hydrocarbons in the global energy agenda: The focus on liquefied natural gas. *Resources*, *9*(5), 59.
- [36] Ma, X., Wang, C., Dong, B., Gu, G., Chen, R., Li, Y., . . . Li, Q. (2019). Carbon emissions from energy consumption in China: Its measurement and driving factors. *Science of the total environment, 648*, 1411-1420.
- [37] Mac Kinnon, M. A., Brouwer, J., & Samuelsen, S. (2018). The role of natural gas and its infrastructure in mitigating greenhouse gas emissions, improving regional air quality, and renewable resource integration. *Progress in Energy and Combustion science*, 64, 62-92.
- [38] Mi, Z., Zheng, J., Meng, J., Shan, Y., Zheng, H., Ou, J., . . . Wei, Y. M. (2018). China's energy consumption in the new normal. *Earth's Future*, *6*(7), 1007-1016.
- [39] Murthy, S. L. (2019). States and cities as norm sustainers: A role for subnational actors in the paris agreement on climate change. *Va. Envtl. LJ, 37*, 1.
- [40] Nadeem, F., Hussain, S. S., Tiwari, P. K., Goswami, A. K., & Ustun, T. S. (2018). Comparative review of energy storage systems, their roles, and impacts on future power systems. *IEEE access*, *7*, 4555-4585.
- [41] Narassimhan, E., Gallagher, K. S., Koester, S., & Alejo, J. R. (2018). Carbon pricing in practice: A review of existing emissions trading systems. *Climate Policy*, *18*(8), 967-991.
- [42] Odoom, R., Brännlund, R., Karimu, A., & Nanzoninge, J. (2023). Oil and Gas Energy Security. In *The Economics of the Oil and Gas Industry* (pp. 58-71): Routledge.
- [43] Oryani, B., Kamyab, H., Moridian, A., Azizi, Z., Rezania, S., & Chelliapan, S. (2022). Does structural change boost the energy demand in a fossil fuel-driven economy? New evidence from Iran. *Energy*, *254*, 124391.
- [44] Pakhtigian, E. L., Jeuland, M., Bharati, L., & Pandey, V. P. (2021). The role of hydropower in visions of water resources development for rivers of Western Nepal. *International Journal of Water Resources Development*.
- [45] Pathak, L., & Shah, K. (2019). Renewable energy resources, policies and gaps in BRICS countries and the global impact. *Frontiers in energy*, *13*, 506-521.
- [46] Permana, S., Trianti, N., & Rahmansyah, A. (2021). *Nuclear energy contribution potential to secure electricity demand with low carbon emission and low risk of power plant in Indonesia.* Paper presented at the IOP Conference Series: Earth and Environmental Science.
- [47] Pihl, H. (2020). A Climate Club as a complementary design to the UN Paris agreement. *Policy Design and Practice, 3*(1), 45-57.
- [48] Qadir, S. A., Al-Motairi, H., Tahir, F., & Al-Fagih, L. (2021). Incentives and strategies for financing the renewable energy transition: A review. *Energy Reports, 7*, 3590-3606.
- [49] Raihan, A., Rashid, M., Voumik, L. C., Akter, S., & Esquivias, M. A. (2023). The dynamic impacts of economic growth, financial globalization, fossil fuel, renewable energy, and urbanization on load capacity factor in Mexico. *Sustainability*, 15(18), 13462.
- [50] Raymond, L. (2019). Policy perspective: Building political support for carbon pricing—Lessons from cap-and-trade policies. *Energy Policy*, *134*, 110986.
- [51] Reynolds, D. B., & Umekwe, M. P. (2019). Shale-oil development prospects: The role of shale-gas in developing shale-oil. *Energies*, *12*(17), 3331.
- [52] Salimi, M., & Amidpour, M. (2022). The impact of energy transition on the geopolitical importance of oil-exporting countries. *World*, *3*(3), 607-618.
- [53] Shirole, A., Wagh, M., Kulkarni, V., & Patil, P. (2023). Short-term energy scenario of district energy system using optimised renewable energy mix with and without energy storage. *Results in Engineering*, *18*, 101017.
- [54] Tumala, M. M., Salisu, A., & Nmadu, Y. B. (2023). Climate change and fossil fuel prices: A GARCH-MIDAS analysis. *Energy Economics*, *124*, 106792.
- [55] Wang, Q., Jiang, X.-t., Yang, X., & Ge, S. (2020). Comparative analysis of drivers of energy consumption in China, the USA and India–a perspective from stratified heterogeneity. *Science of the total environment, 698*, 134117.

- [56] Wang, Q., Lin, J., Zhou, K., Fan, J., & Kwan, M.-P. (2020). Does urbanization lead to less residential energy consumption? A comparative study of 136 countries. *Energy*, *202*, 117765.
- [57] Wu, Y., Zhu, Q., & Zhu, B. (2018). Comparisons of decoupling trends of global economic growth and energy consumption between developed and developing countries. *Energy Policy*, *116*, 30-38.
- [58] Zhang, R., & Fujimori, S. (2020). The role of transport electrification in global climate change mitigation scenarios. *Environmental Research Letters*, *15*(3), 034019.
- [59] Zhang, S., Ocłoń, P., Klemeš, J. J., Michorczyk, P., Pielichowska, K., & Pielichowski, K. (2022). Renewable energy systems for building heating, cooling and electricity production with thermal energy storage. *Renewable and Sustainable Energy Reviews*, *165*, 112560.
- [60] Zöphel, C., Schreiber, S., Müller, T., & Möst, D. (2018). Which flexibility options facilitate the integration of intermittent renewable energy sources in electricity systems? *Current Sustainable/Renewable Energy Reports, 5*, 37-44.